

You were always the help of our ancestors, a shield for them and their children, our deliverer in every generation. Though You abide at the pinnacle of the universe, Your just decrees extend to the ends of the earth. Happy the one who obeys Your mitzvot, who takes to heart the words of Your Torah. You are, in truth, a mentor to Your people, their defender and mighty Ruler. You are first and You are last; we have no Sovereign or Redeemer but You. You rescued us from Egypt, and redeemed us from the house of bondage. The firstborn of the Egyptians were slain; Your firstborn were saved. You split the waters of the sea. The faithful You rescued; the wicked drowned. The waters engulfed Israel's enemies; not one of the arrogant remained alive. Then Your beloved sang hymns of acclamation, extolling You with psalms of adoration. They acclaimed God Sovereign, great and awesome Source of all blessing, the everliving God, exalted in majesty. God humbles the proud and raises the lowly, frees the captive and redeems the meek. God helps the needy and answers His people's call. Praises to God supreme, who is ever praised. Moses and the people Israel joyfully sang this song to You:

Mi khamokha ba-elim Adonai, mi kamokha ne'dar ba-kodesh,
nora t'hilot, oseh feleh.

"Who is like You, Adonai, among all that is worshiped!
Who is, like You, majestic in holiness,
awesome in splendor, working wonders!"

The redeemed sang a new song for You. They sang in chorus at the shore of the sea, acclaiming Your sovereignty:

Adonai yimlokh l'olam va-ed.

"Adonai shall reign throughout all time."

Rock of Israel, arise to Israel's defense. Fulfill Your promise to deliver Judah and Israel. Our Redeemer is the Holy One of Israel, *Adonai Tz'va-ot*. Praised are You Adonai, Redeemer of the people Israel.

On Shabbat (including Shabbat Ḥol Ha-Mo'ed), continue on page 115a or 115b (with Matriarchs) through page 120.

On Festivals, continue on page 123a or 123b (with Matriarchs) through page 128.

For an interpretive Meditation on the Shabbat Amidah, see page 121; on the Festival Amidah, page 129.

(On Hoshana Rabbah, continue on pages 3-9.)

עֲזַרְתָּ אֲבוֹתֵינוּ אַתָּה הוּא מְעוֹלָם, מִגֵּן וּמוֹשִׁיעַ לְבְנֵיהֶם
אֲחֵרֵיהֶם בְּכָל-דּוֹר וְדוֹר. בְּרוּם עוֹלָם מוֹשְׁבֶךָ וּמִשְׁפָּטֶיךָ
וְצִדְקָתְךָ עַד אֲפְסֵי אֶרֶץ. אֲשֶׁרִי אִישׁ שִׁישְׁמַע לְמִצְוֹתֶיךָ,
וְתוֹרָתְךָ וּדְבָרְךָ יִשִּׁים עַל לְבוֹ. אָמֵת אַתָּה הוּא אֲדוֹן
לְעַמֶּךָ, וּמֶלֶךְ גְּבוּר לְרִיב רִיבָם. אָמֵת אַתָּה הוּא רֵאשׁוֹן
וְאַתָּה הוּא אַחֲרוֹן, וּמִבְּלַעְדֶיךָ אֵין לָנוּ מֶלֶךְ גּוֹאֵל
וּמוֹשִׁיעַ. מִמִּצְרַיִם גָּאַלְתָּנוּ, יְהוּה אֱלֹהֵינוּ, וּמִבֵּית עַבְדִּים
פָּדִיתָנוּ. כָּל-בְּכוֹרֵיהֶם הִרְגָתָ, וּבְכוֹרְךָ גָאַלְתָּ, וַיִּם סוּף
בְּקַעַת, וַיִּזְדִּים טַבַּעַת, וַיִּדְיִדִים הֶעֱבַרְתָּ, וַיִּכְסּוּ מַיִם צְרִיחָם,
אֶחָד מֵהֶם לֹא נוֹתַר. עַל זֹאת שָׁבְחוּ אֱהוּבִים וְרוֹמְמוֹ
אֵל, וְנָתַנוּ יְדִידִים זְמִירוֹת שִׁירוֹת וְתִשְׁבָּחוֹת, בְּרִכּוֹת
וְהוֹדָאוֹת לְמֶלֶךְ אֵל חַי וְקַיִם. רָם וְנָשָׂא, גְדוֹל וְנוֹרָא,
מִשְׁפִּיל גְּאִים וּמְגַבִּיחַ שְׁפָלִים, מוֹצִיא אֲסִירִים, וּפּוֹדֵה
עֲנֻיִם, וְעוֹזֵר דָּלִים, וְעוֹנֵה לְעַמּוֹ בְּעַת שׁוּעָם אֱלֹיו.
□ תְּהִלּוֹת לְאֵל עֲלִיוֹן בְּרוּךְ הוּא וּמְבָרֵךְ. מִשָּׁה וּבְנֵי
יִשְׂרָאֵל לָךְ עָנוּ שִׁירָה בְּשִׂמְחָה רַבָּה, וְאָמְרוּ כָלָם:

מִי-כַמּוֹכָה בָּאֵלִים יְהוּה, מִי כַמּוֹכָה נֶאֱדָר בְּקֹדֶשׁ,
נוֹרָא תְהִלָּת, עֲשֵׂה-פִלָּא.

□ שִׁירָה חֲדָשָׁה שָׁבְחוּ גְאוּלִים לְשִׁמְךָ עַל שְׁפַת הַיָּם.
יַחַד כָּלָם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ:

יְהוּה יִמְלֹךְ לְעוֹלָם וָעֶד.

□ צוּר יִשְׂרָאֵל, קוֹמָה בְּעִזְרַת יִשְׂרָאֵל, וּפְדֵה כְנָאמְךָ
יְהוּדָה וְיִשְׂרָאֵל. גָּאַלְנוּ יְהוּה צְבָאוֹת שְׁמוֹ קְדוֹשׁ יִשְׂרָאֵל.
*בְּרוּךְ אַתָּה יְהוּה גָּאַל יִשְׂרָאֵל.

On שבת (including שבת חול המועד), continue on page 115a or 115b (with אמהות) through page 120.

On יום טוב, continue on page 123a or 123b (with אמהות) through page 128.

For notes on the עמידה, see pages 155 and 157.

*On the first two days of פסח, some congregations chant בְּרַח וּדְוִי, page 221.

(On הושענא רבה, continue on pages 3-9.)