

Friday Night At Home סדר שבת

The Shabbat Candles

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של שבת.

Baruch atta Adonai Elohaynu melech haolam, asher kidshanu b'mitzvotav, v'tzivanu l'hadlik ner shel shabbat.

Praised are You, Ruler of the Universe, who has made us holy through the commandments and directed us to light the Shabbat lights.

At the Table

Shalom Aleichem

שלום עליכם, מלאכי השרת, מלאכי עליון, ממלך מלכי המלכים, הקדוש ברוך הוא.

Shalom Aleichem, malechay hashareit, malachay elyon, mimelech malechay hamlachim, hakadosh baruch hu.

בואכם לשלום, מלאכי השלום, מלאכי עליון, ממלך מלכי המלכים, הקדוש ברוך הוא.

Boachem l'shalom, malechay hashalom, malachay elyon, mimelech malechay hamlachim, hakadosh

ברכוני לשלום, מלאכי השלום, מלאכי עליון, ממלך מלכי המלכים, הקדוש ברוך הוא.

Barchuni l'shalom, malechay hashalom, malachay elyon, mimelech malechay hamlachim, hakadosh.

צאתכם לשלום, מלאכי השלום, מלאכי עליון, ממלך מלכי המלכים, הקדוש ברוך הוא.

Tzaytchem l'shalom, malechay hashalom, malachay elyon, mimelech malechay hamlachim, hakadosh.

Peace upon you, angels who watch over us, messengers of God, of the Supreme Ruler, the Holy One, blessed be God.

Come in peace, messengers of peace, messengers of God, of the Supreme Ruler, the Holy One, blessed be God.

Bless me with peace, messengers of peace, messengers of God, of the Supreme Ruler, the Holy One, blessed be God.

May your departure be in peace, messengers of peace, messengers of God, of the Supreme Ruler, the Holy One, blessed be God.

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Blessing Our Children ברכת ילדים

Blessing for Girls

יְשִׁמְךָ אֱלֹהִים כְּשָׂרָה רְבֵקָה רָחֵל וְלֵאָה. יְבָרְכֶךָ יי וְיִשְׁמְרֶךָ. יָאֵר יי פָּנָיו אֵלֶיךָ
וְיַחַנְךָ. יִשָּׂא יי פָּנָיו אֵלֶיךָ וְיָשֵׂם לְךָ שְׁלוֹם.

*Y'simeich Elohim k'Sarah, Rivka, Rachel v'Leah. Y'va-re-checha Adonai
v'yish-m'recha. Ya-er Adonai panav ei-lecha vi-chuneka, Yisa Adonai panav
ei-lecha v'yasem l'cha shalom*

May God make you like Sarah, Rebecca, Rachel and Leah. May God bless you and keep you. May God's presence radiate upon you and be gracious to you. May God's light shine on you and grant you peace.

Blessing for Boys

יְשִׁמְךָ אֱלֹהִים כְּאַפְרַיִם וְכַמְנַשֶּׁה. יְבָרְכֶךָ יי וְיִשְׁמְרֶךָ. יָאֵר יי פָּנָיו אֵלֶיךָ וְיַחַנְךָ.
יִשָּׂא יי פָּנָיו אֵלֶיךָ וְיָשֵׂם לְךָ שְׁלוֹם.

*Y'simeich Elohim K'Efraim v'chiMenashe. Y'va-re-checha Adonai
v'yish-m'recha. Ya-er Adonai panav ei-lecha vi-chuneka, Yisa Adonai panav
ei-lecha v'yasem l'cha shalom*

May God make you like Ephraim and Menashe. May God bless you and keep you. May God's presence radiate upon you and be gracious to you. May God's light shine on you and grant you peace.

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קידוש Kiddush

וַיְהִי עֶרֶב וַיְהִי בֹקֶר

יוֹם הַשְּׁשִׁי. וַיְכַלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם. וַיְכַל אֱלֹהִים בַּיּוֹם הַשְּׁבִיעִי
מְלַאכְתּוֹ אֲשֶׁר עָשָׂה, וַיִּשְׁבֹּת בַּיּוֹם הַשְּׁבִיעִי, מִכָּל מְלַאכְתּוֹ אֲשֶׁר עָשָׂה. וַיְבָרֶךְ
אֱלֹהִים אֶת יוֹם הַשְּׁבִיעִי וַיְקַדֵּשׁ אֹתוֹ, כִּי בּו שַׁבַּת מִכָּל מְלַאכְתּוֹ, אֲשֶׁר בָּרָא
אֱלֹהִים לַעֲשׂוֹת.

Vay'hi erev vay'hi voker yom hashishi

*vay'chulu hashamayim v'ha'aretz v'chol tz'va'am. Vay'chal elohim bayom
hash'vi'i m'la'ch'to asher asah, vayish'bot bayom hash'vi'i mikol m'la'ch'to
asher asah. Vay'varech Elohim et yom hash'vi'i vay'kadeish oto, ki vo shavat
mikol m'la'ch'to asher bara Elohim la'asot*

And there was evening and there was morning, a sixth day

The heavens and the earth were finished – both of them. And on the seventh day God completed the work that God had done, and God rested on the seventh day from all the work. And God blessed the seventh day, and sanctified it for God rested from all of the work of creation.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְרֵי הַגֶּפֶן.

Baruch atah Adonai, Eloheinu, melech ha-olam borei p'ri hagafen.

Blessed are you, Lord, our God, ruler of the universe, who creates the fruit of the vine.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתַי וְרָצָה בָּנוּ, וְשַׁבַּת
קִדְּשׁוּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ זְכוּרֹן לְמַעֲשֵׂה בְּרֵאשִׁית, כִּי הוּא יוֹם תְּחִלָּה
לְמִקְרָאֵי קֹדֶשׁ, זְכוּר לִיצִיאַת מִצְרָיִם, כִּי בָנוּ בְּחֵרֶת וְאוֹתָנוּ קִדְּשָׁתָּ מִכָּל
הָעַמִּים, וְשַׁבַּת קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִלְתָּנוּ. בָּרוּךְ אַתָּה יי, מֶלֶךְ הַשְּׁבִיעִי
הַשְּׁבִיעִי.

*Baruch atah Adonai, Eloheinu, melech ha-olam, asher kid'shanu b'mitz'votav
v'ratzah vanu, v'shabat kad'sho b'ahavah uv'ratzon hin'chilanu zikaron
l'ma'aseih v'rei'shit, ki hu yom t'chilah l'mik'ra'ei kodesh, zeicher litzi'at
Mitz'rayim, ki vanu vachar'ta v'otanu kidash'ta mikol ha'amim, v'shabat
kad'sh'cha b'ahavah uv'ratzon hin'chal'tanu. Baruch atah Adonai m'kadeish
hashabat.*

Praised are You, God, Ruler of the Universe, who sanctifies us with the commandments, and has been pleased with us. You have lovingly and willingly given us Your holy Shabbat as an inheritance, to help us recall creation, and it is holy day that reminds us having been freed from slavery in Egypt.

You have chosen us and made us holy and have willingly and lovingly given us Your holy Shabbat for an inheritance. Praised are You, who makes Shabbat a sacred time in our lives.

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Washing Our Hands נְטִילַת יָדַיִם

Using a cup, we pour water over our hands, then recite the bracha.

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל נְטִילַת יָדַיִם.

Baruch atta Adonai Elohaynu melech haolam, asher kidshanu b'mitzvotav, v'tzivanu al n'tilat yadayim.

Praised are You, Ruler of the Universe, who has made us holy through the commandments and directed us to ritually wash our hands.

The Challah הַמּוֹצִיא

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ.

Baruch atta Adonai Elohaynu melech haolam, hamotzi lechem min ha'aretz.

Praised are You, Ruler of the Universe, the one who brings forth sustenance from the earth.