



WOMEN'S LEAGUE
FOR CONSERVATIVE JUDAISM

www.wlcj.org

- Check out news & information for Sisterhood Members
- Easily update your profile, including any changes to your home or e-mail address
- Log in to access personal profile using your Women's League ID number or your e-mail address
- **You do not need a member ID to log in**

To log in: Go to www.wlcj.org and click on "Member Login" in the upper right hand corner. You will then have the choice to log in, to click on "Forgot password?" or to click on "First Time Login?"

Attention Torah Fund Donors: Please make your donation through Sisterhood's registration process instead of the Women's League web site. Thank you.



CASSEROLES NEEDED FOR SOME: SO OTHERS MIGHT EAT

SOME is an interfaith, community-based organization that exists to help the poor and homeless of our nation's capital. The tuna casseroles provided each month by Sisterhood and OT members help to meet the daily needs of the people SOME serves. We need your help to ensure that this tzedakah project continues to be a success. Simply prepare the casserole according to the recipe below, freeze it, and drop it off at OT according to the schedule, and a volunteer will deliver the

casseroles to SOME. If you are interested in delivering casseroles to SOME, please contact the OT office.

If you have any questions, or if you would like to help Sisterhood prepare extra-large casseroles at OT each month, please contact sisterhood@olamtikvah.org.

Recipe

Ingredients:

A large Lasagna pan
1 pound noodles, cooked
3 cans of tuna
3 cans of cream of mushroom soup
1 bag of a frozen green vegetable
(broccoli, peas, chopped spinach, etc)

Directions:

- Mix together and put in a lasagna pan.
- Sprinkle with breadcrumbs.
- Bake at 350 degrees for about 45 minutes.
- Cool a cover with foil. Freeze, if possible.

Deliver casseroles to Olam Tikvah on the third
Wednesday of the month any time before 8:30 p.m.

Delivery Dates:

Jul 20	Feb 21
Aug 16	Mar 21
Sept TBD	Apr TBD
Oct 18	May 16
Nov 15	June 20
Dec 20	
Jan 17	

